

## Tomato & Mozzarella

### INGREDIENTS:

2 medium ripe tomatoes, sliced  
4 oz. mozzarella cheese, sliced  
¼ C fresh basil, chopped  
2 T olive oil  
2 T balsamic vinegar  
1 t black pepper

### DIRECTIONS:

Arrange tomato and mozzarella on small plate. Combine oil, vinegar, pepper and drizzle over tomato and cheese. Sprinkle with fresh chopped basil.

Makes 4 servings  
Calories: 180/serving

### NUTRITIONAL INFORMATION PER SERVING:

8g protein  
5g carbohydrates  
15g fat  
245mg sodium  
18mg cholesterol  
1g fiber